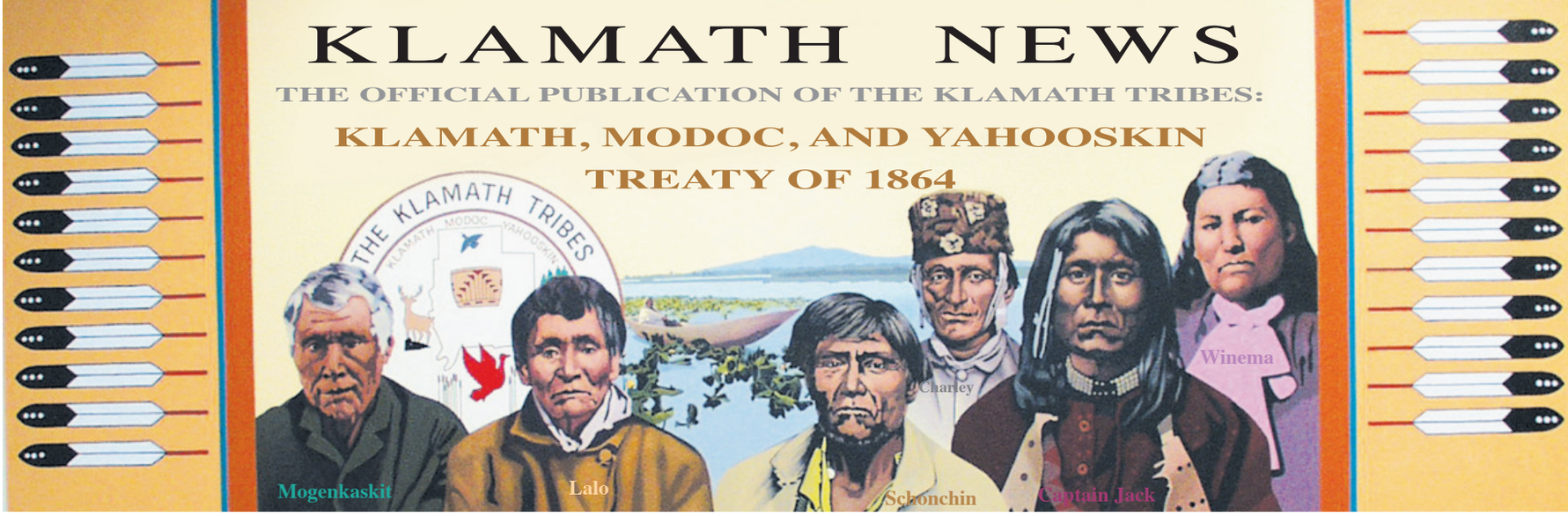
KLAMATH NEWS

THE OFFICIAL PUBLICATION OF THE KLAMATH TRIBES:

KLAMATH, MODOC, AND YAHOOSKIN TREATY OF 1864



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1-800-524-9787 or (541) 783-2219 Website: www.klamathtribes.org

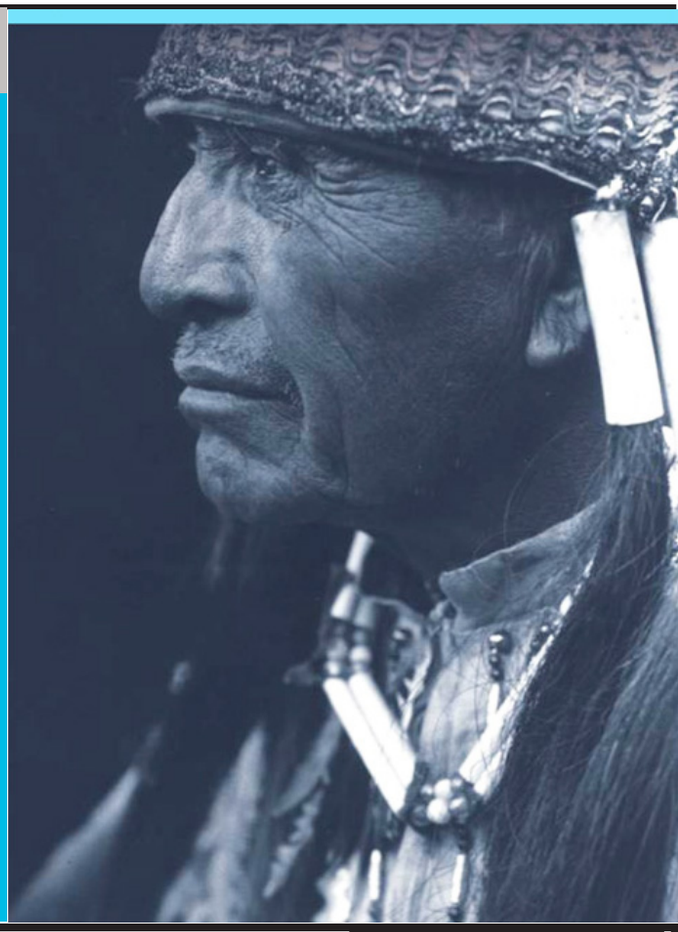
1986-2011

25 Years

Sovereignty, Courage, Strength

On August 26-28, 2011
The Klamath Tribes of Oregon Celebrated
The 25th Restoration Celebration
Silver Anniversary
Chiloquin, OR.

Warriors of the Past to Warriors of the Future



INDIAN COUNTRY TODAY
By Meta Maxwell September 8, 2011
Note: Meta was one of several guest writers and media representatives at the 25th Celebration. Thank you Meta for spending the Celebration with us and sharing your beautiful spirit with us. Below is her article that featured in *Indian Country Today*.

"You don't always get what you want, but you do get what you'll accept," D. J. Eagle Bear Vanas, member of the Odawa Nation, told an overflowing crowd at the Klamath Tribes 25th Annual Restoration Celebration kick-off in the Chiloquin High School gymnasium. Vanas, a nationally acclaimed motivational speaker and author, was among approximately 2,500 people in

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#3- Associated Tribal Information
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www.klamathtribes.org

Chiloquin, Oregon August 26-28 to celebrate the Klamath Tribes "Sovereignty, Courage & Strength."

Other dignitaries included Billy Mills, an Oglala Lakota (Sioux), 1964 Olymic Gold Medalist in the 10,000 Meters and spokesperson for Running Strong for American Indian Youth; Walter Echo-Hawk Jr., a Pawnee (Kitkahaki), much-admired lawyer, tribal judge, scholar and activist; and US Representative (1993-1999) Elizabeth Furse, who for over 29 years worked with the tribe and helped with all restoration bills in Oregon.

Furse said the Klamath, numbering about 2,100 at the time of termination in 1954, were "the hardest hit of all tribes." They went from being the second wealthiest tribe in the nation to being impoverished — losing the last 1.2 million acres of their reservation including 860,000 acres of timberland. Note: Elizabeth Furse, was also an honored guest over the weekend, as she was a former member of the United States House of Representatives, and was intrumental in assiting the Klamath Tribes in their Restoration Efforts. Ms. Furse was honored by the Klamath Tribes at the Friday afternoon ceremony/reception.

Stripped of their self-sufficiency, about 1,000 Klamath's born over the next 30 years "… received no money from the liquidation of tribal assets – nor were they eligible for benefits (such as health and education programs) dispersed to federally recognized Indian people," said Klamath Tribal Member Kathleen Shaye Hill whose report to Congress in 1985 helped to get the tribe restored. "Told alternately they "weren't Indians" or were part of a tribe of "sell-outs," these young people were caught in a no-man's land which they had no part in creating. Some were even refused participation in all-Indian rodeos and basketball tournaments because other tribes said they "weren't Indians anymore."

Note: Kathy Hill and her husband Mr. Joe Dupris, were recognized and honored for their hard work and endless dedication towards the tribes restoration efforts. Mrs. Hill was also the spokes woman for providing the past names and members who were instrumental in that effort. The day was filled with great emotional feeling and a sense of closure and accomplishment for those who were still here and those that had walked on- but were here in spirit.

Born in 1956, Georgene Wright-Nelson, now a Klamath Tribal Council Member, grew up without the benefits of tribal affiliation. But she remembers distinctly the day Ronald Regan signed Public Order 99-398 restoring the Klamath Tribes (Modoc, Klamath and Yahooskin band of Snake (Paiute)). Her family was living in Salem, Oregon. Word traveled quickly by phone and her grandmother, who couldn't afford medical care, was eager to see a doctor at a tribal clinic. Nelson took her, but they were at first denied services because they were not from a recognized tribe – after a couple phone calls that confirmed the restoration they were allowed in. In 1826 Peter Skeen Ogden, a fur trapper from the Hudson's Bay Company, was the first white man to leave his footprints on our lands. One hundred and seventy five years later those footprints have multiplied into the thousands, each leaving their marks on the lands and the Klamath Tribes. The newcomers came first as explorers, then as missionaries, settlers and ranchers. After decades of hostilities with the invaders, the Klamath Tribes ceded more than 23 million acres of land in 1864 and we entered the reservation era. We did, however, retain rights to hunt, fish and gather in safety on the lands reserved for us "in perpetuity" — forever.

Today the 3,600+ members of the Klamath Tribes have their own Health and Wellness Center – offering comprehensive medical, dental, and pharmaceutical services. The Tribes' sprawling Administration Building houses support services for tribal business and a 150 seat Council Chambers. The Tribe's Kla-Mo-Ya Casino annually attracts over 300,000 visitors; during

the Restoration Celebration the Casino's new Peak to Peak fine-dining restaurant debuted a 5-star menu of in-house recipes including seafood and wild game – venison, elk, and pheasant.

A new Travel Center includes a store, restaurant, showers, internet and television lounges. Since Restoration the Tribes have also initiated a myriad of programs including: Klamath Tribal Court to handle juvenile delinquency, guardianship issues, and adoptions; Transportation Planning to improve access and safety; and a Youth Center for the community. A new Cultural Center is in the design stage to house artifacts, teach history, traditional ways, and language. With characteristic energy, determination and vision, and a commitment to the larger community, the Klamath Tribes are forging ahead to reestablish their sovereignty and regain their land.

"The Restoration Celebration is important to share as a family so that kids can ask questions and learn from the elders," says Christy Riddle, a 33-year-old Modoc who attended the Celebration Pow Wows, Youth Rodeo, Barbeque, and other events with thirty members of her family age 4-days to 84-years. "It's a weekend of learning history and traditions. It helps raise young ones to be leaders who can help the tribe go where they want."

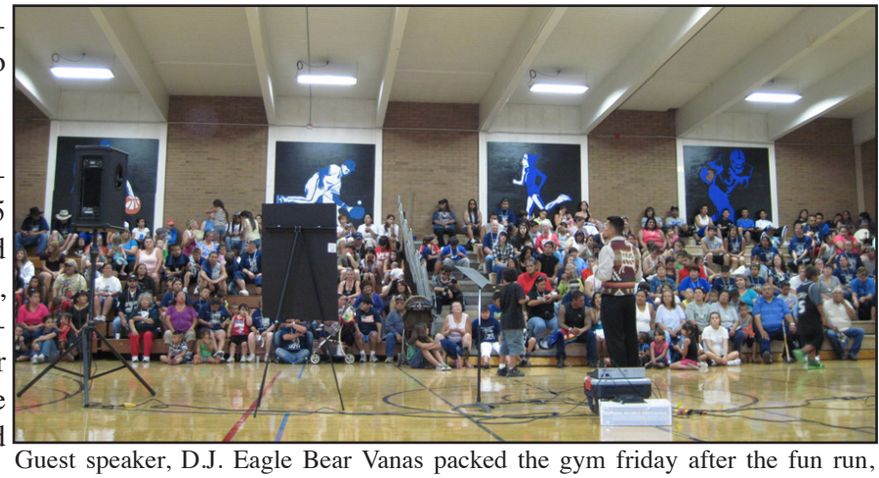
Walter Echo-Hawk says the 3,600+ members of "the Klamath Tribes are blessed with outstanding leadership…in 25 years they have created a sophisticated government focused on building and protecting resources – hunting, fishing, gathering rights, and pushing forward a monstrous dam removal. They are at the doorsteps of Congress returning their land base, and habitat restoration." The Nation building the Klamath are doing is "very significant," Echo- Hawk says. "It is good for Oregon and the Klamath Basin."

Note:Walter Echo-Hawk (Pawnee) is a Native American speaker, author, and former Native American Rights Fund attorney. Throughout his distinguished legal career, he has worked to protect the legal, political, property, cultural, and human rights of Indian tribes and Native peoples. And has also been working with the Klamath Tribes in that capacity thru water law during that time. He is not only a former attorney, but a friend and colleague of the Klamath Tribes of Oregon. We are honored that he and others like Don Wharton, Sue Noe, David Gover of NARF attended the celebration and honored us with their presence.

An articulate and versed indigenous rights activist, Echo-Hawk delivers keynote speeches and lectures on a wide variety of indigenous topics, involving Native arts and cultures, indigenous history, federal Indian law, religious freedom, environmental protection, Native American cosmology, and human rights.

Vanas says all tribes should follow the Klamath Tribes' example to achieve their goals. "Fight hard for the life you want. Fight hard for the community you want. Fight hard like a warrior because you are."

Restoration: Tribal Council Members Don Gentry (far left) and Shawn Jackson (far right) attend the Billy Mills presentation with Social Services Department Manager Candi Kirk and her native dancers.



Guest speaker, D.J. Eagle Bear Vanas packed the gym friday after the fun run, where he provided his kick-off presentation about "The Warrior Within". D.J. was chosen because part of the 25th Anniversary Theme provided by Tribal Councilman Shawn Jackson, was "Warriors of the Past to Warriors of the Future."

Klamath Tribal Chairman, Gary Frost, opened the Friday, August 26, 2011, 25th Annual Restoration Celebration Silver Anniversary Reception and awards presentation at the tribal administration offices. The event opened with a prayer and speeches and introductions from all ten Tribal Council members, then progressed with honorary speakers such as: Elizabeth Furse, Walter Echo Hawk, Don Wharton, Kathy Hill, Billy Mills, Chuck Kimbol, Larry Dunsmoor, and Bud Ullman. Other recognized individuals included all past individuals that propelled the tribe towards restoration, past Executive Committee Members, former Tribal Chairmen, and our Warriors of the Future... The Youth and High School and College Students.

Tribal Member and former Executive Committee Member, Orin "Buzz" Kirk, was at the Ceremony to welcome honored guest, Elizabeth Furse.

Lead Water Bilogist, Larry Dunsmoor, was also honored and recognized at the ceremony for his 20+ years of dedication and committment to the tribe and fish.

The Tribal Auditorium was packed for the 25th Silver Anniversary Reception.

The Steiger Butte Singers honored and blessed the ceremony with an honor song.

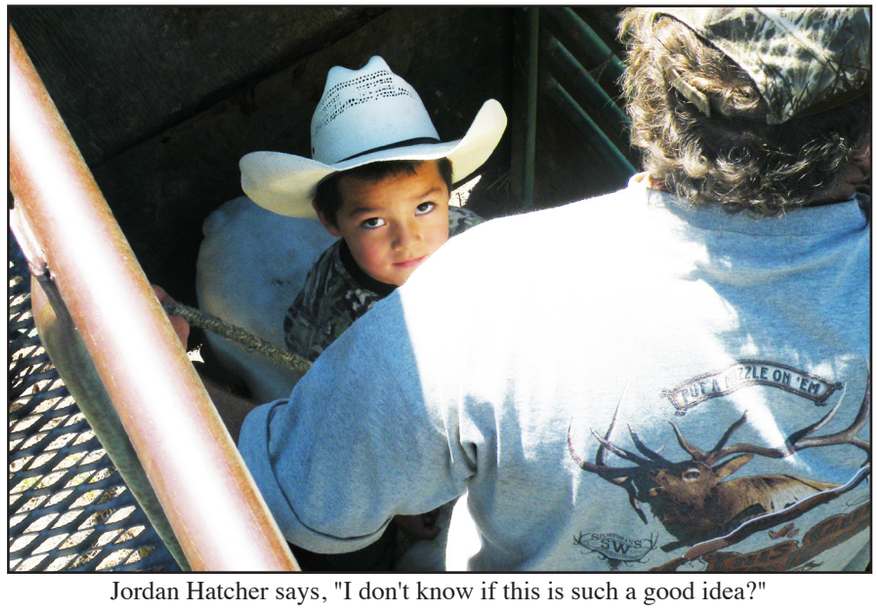
Current Klamath Tribal Council Member, Chuck Kimbol, was honored with a blanket and gifts from the Klamath Tribes, for his life-time committment and dedication to the Tribes and our vision of Restoration and now land revovery. He was also recognized for his part as Klamath Tribal Chairman in 1986, when the Klamath Tribes were restored by the Signature of former U.S. President, Ronald Reagan. Sepk'ee'c'a Hiswaqs

Honored guest, Don Wharton, from Native American Rights Fund, stands with his long time friend and former Klamath Tribal Executive Committee Member, Vivian Kimbol. Both have formed a friendship over the years thru their work and dedication to the success of the Klamath Tribes and our people. Saatwalinayaas!

Parade Grand Marshal- 25th Silver Anniversary- Chuck Kimbol

Klamath Treaty Days Rodeo Buckle Winners 2011!

Yep, both Feather and Roman (Cousins) are 3 years old, and both rode in the Klamath Treaty Days Mutton Bustin! Lil' Warriors of the Future Tuff Enuff!

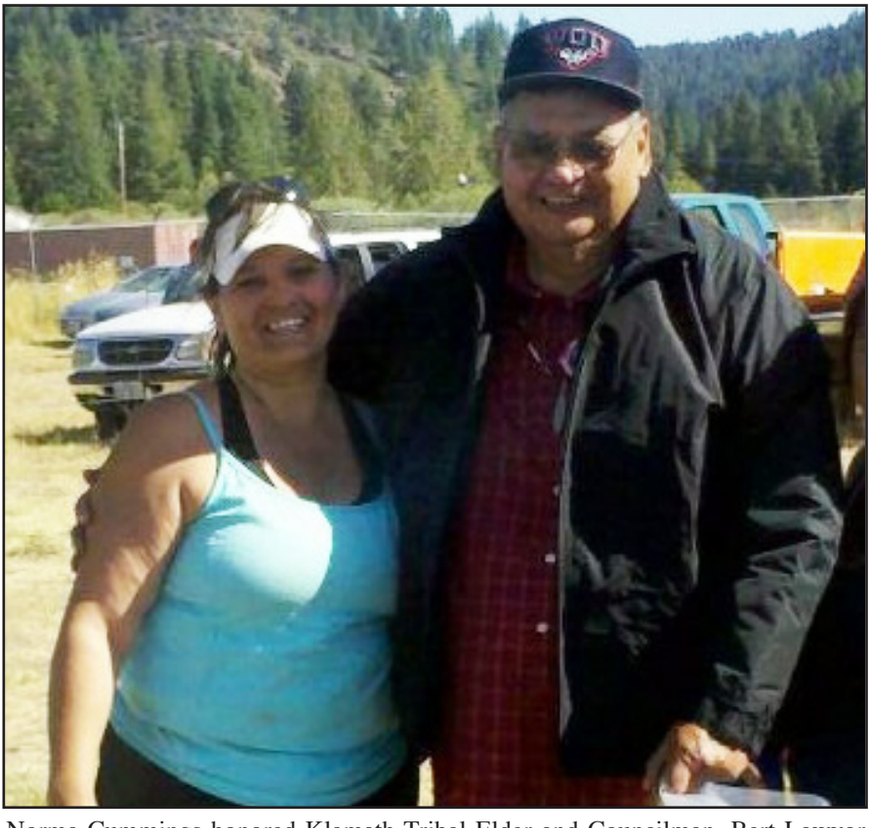


Jordan Hatcher says, "I don't know if this is such a good idea?"

Uncle Ike Kaler, holds his nephew Louden, after he proved he could ride Red Rock! Warriors like Ike and Loudy's family know that love and support empowers our Youth to become Leaders of Tomorrow! Rodeo ... America's #1 Sport promotes self pride, courage, and strength in a healthy positive environment! Way to go!

Yep Jordan! It was a good idea! You rode like a Champion! Awesome!

The Rachel Tupper Memorial Jingle Dance Special featured dancers from Golden Age out of Utah, to lil 3yr old Shakyla. The women and children of all ages blessed the powwow arena and kicked off the Saturday evening session. Beautiful!



Norma Cummings honored Klamath Tribal Elder and Councilman, Bert Lawvor Sr. at the softball tourney in Chiloquin, Oregon, held in conjunction with the 25th Restoration Celebration. Sixteen co-ed teams made the weekend a success.

Can you say Power House?

The some of most prestigious Native American Rights Attorney's were in Klamath for the 25th Silver Anniversary, and to honor Klamath Tribal Water Attorney Carl "Bud" Ullman, for his "Semi" Retirement.

Yes, you heard right, we said "Semi" Retirement. Bud has been working for the Klamath Tribes for 23+ years on Water Adjudication and has fordged ahead in advancing and protecting the Water and Treaty Rights of the Klamath Tribes. And although he may not be in the office on a daily basis, he will forever be committed to the water adjudication process and rights of the Klamath Tribes and the Basin.

Carl "Bud" Ullman, Sue Noe, Don Wharton, and Walter Echo Hawk, gather for dinner and to honor their friend and colleage, Bud Ullman.

mooni a?ambo laGi- Big Water Chief ...

is the Klamath Indian name of Carl "Bud" Ullman, as named by the late tribal elder, Bobby David.

***Wrapped here in a blanket by the Tribal Council to honor him and remind him he is now and forever family of the Klamath.**

gee ?a gew saw'aLinee?as 'This is my friend'

mooni a?ambo laGi 'Big Water Chief'

On Thursday, August 25, 2011, the Klamath Tribes honored Bud's dedication of over 23 years in advancing and protecting the Water and Treaty Rights of the Klamath Tribes of Oregon, during a "semi" retirement dinner held in Klamath Falls with dignitaries and family. And let us emphasize the word "semi" retirement, as Bud is dedicated to the Klamath Tribes, the Water Adjudication process, and the KBRA, as they are his lifes' work. We the Klamath Tribes believe our friend was placed here by Creator to fulfill a vision of the people and healthy circle of the basin.

Bud began studying law at the University of Washington Law School in 1973. He began his practice in 1975 as the first Public Defender in the Tribal Court of the Quinault Indian Nation in Taholah, Washington. When he graduated with his Juris Doctor degree in 1976 he continued at Quinault, taking a VISTA position working in the Office of the Tribal Attorney.

Bud was fortunate to work with, and learn from, many of the attorneys involved in the "Boldt Decision" that reaffirmed the fishing rights of many Washington tribes. At Quinault in 1978 he moved into a full time staff position in the Office of the Tribal Attorney. He worked for several years on protecting the Nation's jurisdiction over its Reservation against encroachment by non-tribal governments and landowners. In 1981 and 1982 he worked on Boldt-related issues involving conflicts between tribes on the Washington Coast and the Interior Department, winning an important Ninth Circuit case protecting tribal river fisheries against depletion by ocean fisheries.

In 1982 Bud and Rebecca moved with their family which now included Erick (born in 1977) and Carrie (1980) to the island of Pohnpei in the Federated States of Micronesia. The FSM is about half way between Hawaii and the Philippines, in the middle of the Pacific Ocean. Bud took a job with the Attorney General's Office of the FSM as Deputy Litigator. He moved up to Chief Litigator and then to Attorney General, and worked on law enforcement to protect FSM fisheries from international exploitation, and on treaties to prevent proliferation on nuclear weapons in the Pacific. While there, Rebecca began her work and study in midwifery. Many tribal members are familiar with her more recent work in that profession.

TWO PATHS

In 1987 Bud returned to the United States to further his legal education at Yale University. He received his LL.M. degree in 1988 in International Law. Upon graduation, he had to choose between moving into an academic career teaching law, or returning to the field of Indian law.

He chose the latter and accepted a newly created position with the Klamath Tribes, establishing the Klamath Water Project. The Water Project's work evolved into two paths.

THE FIRST PATH—ADJUDICATION

The first path focused on the Klamath Basin Adjudication, which has been going on since 1975. In the late 1980s the KBA proceedings in the Oregon Department of Water Resources were just getting under way after the years of litigation in the Adair case. Bud worked with other tribal representatives to prod the United States into selecting appropriate lawyers and scientific contractors to present the strongest possible case for the Tribal water rights. He then worked with attorneys and the U.S. Departments of Justice and the Interior to prepare the best possible proof of Tribes' water rights, along with securing vigorous tribal participation and oversight of the cases.

In the 1990s and early 2000s Bud represented the Tribes in cases challenging Oregon's jurisdiction to judge the Tribes' water rights, and questioning Oregon's adherence to the principles of the Adair cases. The ultimate Ninth Circuit decisions went against the Tribes' broadest arguments, but they nonetheless established principles that have proven helpful as the KBA has unfolded.

On the KBA path Bud participated in successfully litigating several threshold issues about what the Tribes must prove in the KBA. This included overcoming several legal theories that opponents had been advancing for years, trying to reduce Tribal water rights to almost nothing. Based on this foundational litigation, the cases moved on to the trial phase, which took place in 2010 and 2011. The judge's decisions are expected in late 2011 and early 2012.

THE SECOND PATH—LITIGATING A FOUNDATION FOR SETTLEMENT

The second path for Bud and the Water Project opened in 1994. That was a very dry water year, and the Bureau of Reclamation took water that according to the Endangered Species Act and Tribal water rights should have stayed in Upper Klamath Lake for fish, and delivered the water instead to its Klamath Reclamation Project. The Klamath Tribes, with representation by the Water Project, began a process of demanding that Reclamation comply with the ESA and Tribal water rights.

A great deal of advocacy was necessary to begin to get Reclamation to change its behavior. The changes generated numerous lawsuits by various irrigation interests trying to protect their previously unquestioned access to Klamath Basin water. The Tribes' position in

these cases was generally vindicated, sometimes with the Tribes as parties to the case, and sometimes with them as "amicus curiae" or "friend of the court."

This began an unprecedented change in Basin water management. The change reached a climax in 2001 when the "Basin water crisis" caused Reclamation to deny to Basin farmers irrigation water from the Lake. Most Tribal members remember the enormous political and social upheaval that resulted.

This progress in changing Basin water management in favor of the Tribes and fisheries opened a further opportunity. Ever since a General Council Resolution in 1987 the Tribes had announced for themselves a goal of seeking an acceptable settlement of water issues. It had always been clear that settlement could provide the Tribes with better protection of Treaty rights than could be secured by endless litigation.

In addition to the 2001 "crisis," this Tribal negotiation strategy got a shot in the arm in the mid-2000s. The PacifiCorp dams on the Klamath River that had shut off Tribal salmon runs since 1918 came up for relicensing. The Tribes, with the tireless work of Larry Dunsmoor, developed a strong position in favor of removing, not relicensing, the dams, or, at the very least, providing fish passage around the dams to "bring the salmon home." PacifiCorp proposed relicensing "business as usual" with no fish passage at all. This set the stage for another legal showdown.

In 2006 PacifiCorp sued under the Energy Policy Act, claiming that reintroducing salmon to the Upper Basin was impossible, so the power company should not be required to provide fish passage around the dams. The Tribes joined other Basin tribes, environmentalists, and state and federal agencies opposing PacifiCorp. At trial, the Tribes were represented by Bud and the Water Project, relying on a strong body of evidence that Larry had exhaustingly developed over the years. The coalition including the Tribes won the case.

SETTLEMENT NEGOTIATIONS

PacifiCorp was defeated, and it had to begin reevaluating its dam relicensing plans, adding another layer of change to Basin resource management. Coupled with the changes forced upon Reclamation, the new realities of the Basin caused nearly all water interests to moderate their previous positions. The interests were now willing to join the Tribes in exploring the possibilities of a negotiated solution to Basin resource problems.

Bud joined the Klamath Tribes' leaders and Larry and the Natural Resources Department in representing the Tribes in what turned out to be years of negotiations. During negotiations Bud and others on the Tribes' team hosted numerous meetings in Chiloquin and elsewhere to get input from Tribal members and to explain what was going on with the negotiations.

In the negotiations, many parties, many meetings, many frustrations, and many seemingly hopeless problems were dealt with. As most people know, the end result was two settlement documents, the Klamath Basin Restoration Agreement and the Klamath Hydroelectric Settlement Agreement.

The Tribes' negotiating team felt strongly that the Agreements offer the Tribes better protection and advancement of Treaty rights than any other course of action can deliver. So the team again conducted a series of public meetings to inform Tribal members. Ultimately, in a Tribal Referendum the membership approved the Agreements in 2010.

The Agreements need Congressional approval, so the focus of activity has shifted to Washington, D.C. The political climate there presents yet another challenge to the Tribes' efforts to secure what they bargained for in the Treaty of 1864.

LOOKING BACK

When asked to comment on his 23 years with the Tribes, Bud said, "I have been continually impressed by the Klamath people's dedication to protecting their Treaty rights. Every Klamath Tribal administration I've worked with has been committed to doing the very best for the Tribes that way. People have of course argued about the best path, but the goal has never changed."

Bud said that while he's proud of what has been accomplished during his time in Chiloquin, he is very aware that it is a team effort. "Not much gets accomplished by anybody alone in this work. I am very glad to have contributed as part of the involvement of so many Tribal members and staff."

Asked his views on the current situation, he said, "The KBRA still represents the best outcome for the Tribes. We have been careful, while working on the KBRA, not to compromise on any litigation issues, so if we have to go back to court, the Tribes are ready. <u>But no court can deliver the solutions that the KBRA can</u>."

Blood Quantum Issue Update

On July 16, 2011, Chairman Gary Frost, opened the General Council meeting regarding the lowering of the blood quantum issue with these words. "The agenda is set, we've asked GC for direction, we have been given some direction, and we want to make sure everything is clear, we have been addressing this for a couple of months. 1st issue is to amend the Constitution and the other is to lower the blood degree. Last time this came up, there were 11 options, we don't want that, we have a power point to present, we want to make sure we do it the right way, this is a big issue because it involves all tribal members. We need the assistance of GC. We want to make sure we are within our laws and do it the right way. No questions until after the presentation. The ad-hoc appointed to look into this further is: Councilman Chuck Kimbol, Vice-Chairman Don Gentry and Councilwoman GeorGene Wright-Nelson. *Chairman Frost then turned the meeting over to GeorGene and Chuck for the power point presentation.

Following the presentation there were two motions made at two separate General Council meetings regarding the Blood Quantum Issue:

General Council Motion 7-16-11: Motion by Roberta Frost, second by Regina Crume to accept the ad-hoc committee's report, but only direct the Tribal Council and the ad-hoc to refer the Constitutional amendment to allow for a referendum vote for Constitutional amendments to the Tribal Attorney and/or the Constitution committee and bring it back at the August 20, 2011 GC mtg. (Amended added language: Article XVII as the only Article to be looked at for the August 20, 2011 General Council meeting). *Motion Passed.

General Council Motion 8-20-11: Motion by Chuck Kimbol Sr., second by Bonnie Subnet to accept the amendments to the Constitution as proposed. *Motion Passed. Following the motion there was discussion for clarification: Roberta Frost- I just want to clarify that his has to be brought back one more time. Chairman Frost- Yes, it will be presented again at the next General Council. Attorney Shayleen Allen- Yes, once the proposal has been accepted then the same proposal will be brought back to the next Regular or Special General Council meeting for final action.

For more information regarding this Constitutional and Tribal process, please feel free to Contact the Tribal Government Ad-hoc Committee by calling 1-800-524-9787. Ask for GeorGene Wright-Nelson, Don Gentry, or Chuck Kimbol.

Member Benefits Department

Unclaimed 2011 per capita checks

As of 09/07/11

Biss, Avery V.
Bivin, Kerry L (2010)
Gibbons, Lewis H.
Gonzalez, David L.
Hill, David A.
Hill, Gerald L. (2009/2010)
Hood, Crystal L.
Huitt, Jodi L. (2010)
Huitt, Toby M.
Iniquez, Sylvia M.
Isaacs Jr., Guadalupe A.
Jackson, Calvin L.
Jackson, Julius L.
Jackson Jr., William K. (2010)
Jones, Harland P.
Mathis, Edward D.
Miller, Shane T.
Mitchell, Alicia R.
Nelson, Erik A.
Nelson, Tamra L.
Palomino, Clint G.
Pelletier Sr., Kevin C.
Rank, Rebecca K. (2010)
Reyes, Andrew L. (2010)
Toribio Jr., Heriberto
Torrez, Tasha D.

Please call for or come in to pickup your unclaimed check. If you come in person, please bring proper identification. Please request and complete an Address Update form. One form per each enrolled individual (adults/minors) is required.

Recruiting for the Special Diabetes Program for Indians

The Diabetes Prevention Program (DPP) is still seeking applicants for the next group of the DPP; this is scheduled to start in September. Our first class is scheduled to begin Tuesday, **September 27, 2011 in Chiloquin and Wednesday, September 28 in Klamath**. We will be offering diabetes prevention education classes, as well as some great incentives for participation in our 16 week core element diabetes classes. All participants who qualify and sign a contract to join this program will be eligible to receive a pair of the new Nike Native 7's. To qualify you must be classified as a PRE-DIABETIC. So call today and I'll get you qualified and enrolled in the program!

Call Shawn Jackson today to see if you might qualify for this awesome program!

Thank you for your support,

Shawn Jackson: Diabetes Prevention Coordinator (541) 882-1487 ext. 220

Limiting Easy Alcohol Access to Youth

The corner market isn't the only place where a youth can get alcohol. Many times they get it at home. Factors that contribute to underage access in the home include liquor in unlocked cabinets, beer or wine in the fridge and alcohol at family gatherings.

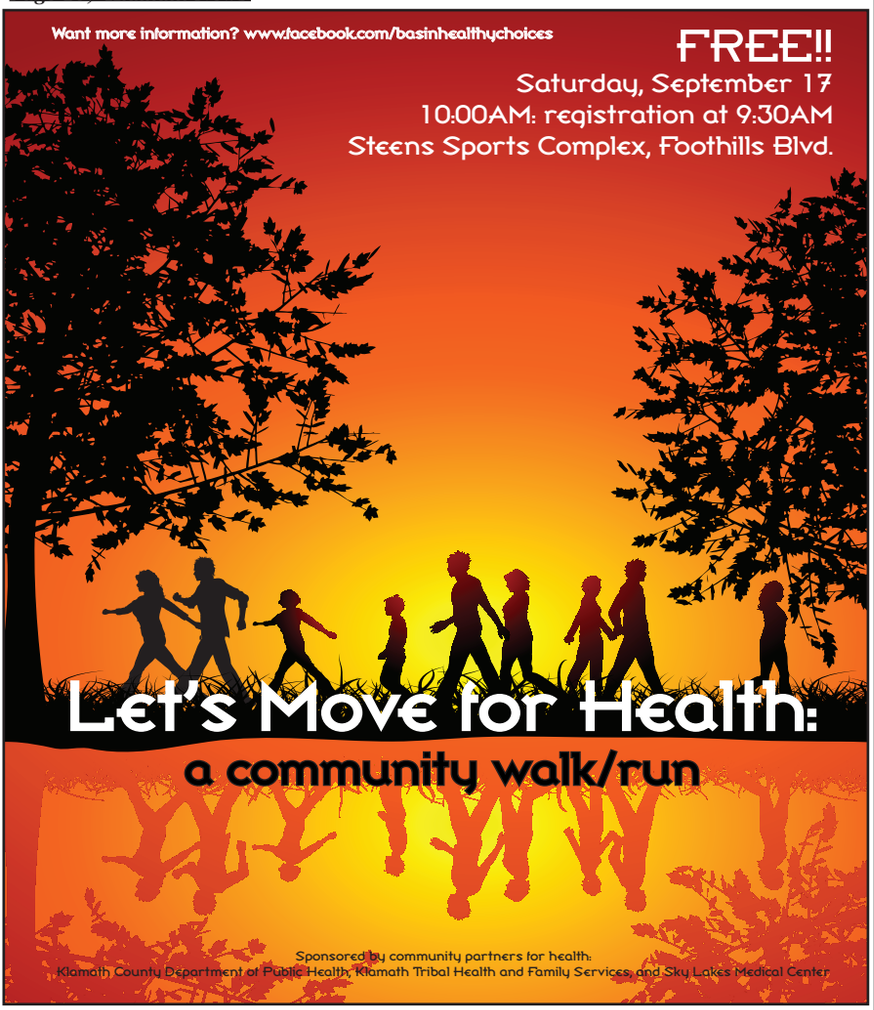
It is important for parents to be aware that alcohol availability in the home can contribute to underage drinking. Here are some steps to help parents make safe choices for their youth:

At home. ROLE MODEL - Parents establish the family norm on alcohol use and alcohol related expectations for their children. Be aware of the choices you make and how they can impact your child.

AVALABILITY- Reducing a youth's access to alcohol is important and should be a part of a parents approach to keep alcohol from their children. There are laws, such as social host liability, that hold people liable for providing alcohol to underage youth who are not their own children.

HAVE AN ALCOHOL FREE HOME- The simplest way to prevent young people from accessing alcohol in the home is not to store it in your home.
ALCOHOL PROVIDERS- Ask older siblings or other young adults where local teens may be obtaining alcohol. BUILD ALLIANCES- To ensure that your child doesn't end up in an environment where alcohol is readily available know your child's friends and their parents. Don't assume anything; ask other families if they allow young people to drink in their homes.

KTHFS Youth and Family Department



A SDPI Celebration Picnic @ Collier Park

CATERED BY yummies!

Date: Saturday, September 24, 2011

Time: 11 - 3PM

Place: Picnic Area (where the rivers fork)

Transportation Provided Please call the *Tribal Health Transportation Dept.* if you need a ride 882-1487 Ext. 248

The Klamath Tribes

Diabetes Prevention Program

Cordially invites past and present SDPI participants and your immediate family to celebrate your efforts and success in ***Preventing Diabetes!***

Please R.S.V.P. by calling Shawn Jackson at 882-1487 Ext. 220 or E-mail at sljackson@klm.portland.ihs.gov and let me know if you plan to attend, and how many people are coming in your group. Food and Drink will be provided, as well as Games and Prizes!!

Klamath Tribal Health & Family Services

Elders Health Fair & Appreciation Dinner

Thursday, September 22, 2011
3:00-6:00 pm
Elmer's Restaurant

3:00-5:00 Health Fair Booths

- Q & A with a KTHFS Doctor, Pharmacist & Dentist
- Blood Pressure
- Blood Sugar Screening
- Diabetes Prevention
- Medicare/Medicaid
- Community Services Commodities & Title VI Elders Nutrition Programs

5:00-6:00 Free Dinner

- Oven Roasted Turkey or Prime Rib

*****RSVP for Dinner by September 14th *****

To RSVP for dinner or if you have questions, please call KTHFS Health Educator, Christa Runnels @ 541-882-1487 x 222.

Limited transportation is available. For rides, please call Michelle Carson 783-2219 x 122 by September 20th.

Chair Aerobics for Elders!

Come have fun with Christa Runnels as the instructor and other Elders while they do some exciting low impact CHAIR AEROBICS. Lunch is at the congregate at noon and at 12:30 Christa will begin 15 minutes of fun.

WHEN: EVERY 1st Wednesday of the month. Wednesday, October 5th.

TIME: 12:30-12:45pm (Ending time may vary)

WHERE: Chiloquin Congregate (Meal Site)

Soar like an Eagle
& do your best!

CALL Michelle Carson for more information & feedback @ (541)783-2219 Ext. 122.

NOTICE TO TRIBAL MEMBERS

Klamath Tribal Administration will be making available to tribal members on Wednesday, October 5, 2011 between the hours of 8:00 am to 4:00 pm, the following office furniture that has been declared surplus.

Office Furniture
(chairs, desks, file cabinets, office equipment)
*Note: items are "as is" and may not be in operating condition. Repairs may need to be made to be functional.

LOCATION

All surplus office furniture items will be set up at the Klamath Tribes Maintenance Building located at:
Tribal Administration
501 Chiloquin Blvd
Chiloquin, Oregon

TIME SCHEDULE/Bring I.D.
Tribal Elders/Veterans: 8am-9am
Tribal College Students: 9am-11am
Tribal High School Students: 11am-1pm
Tribal Members: 1pm-3pm
Tribal Employees: 3pm-4pm

The time schedule will be adhered to – if you fall into one of the above-mentioned categories, that is your scheduled time.

A priority system for the release of the furniture and equipment has been developed. First priority will be for tribal elders; second priority is for tribal members currently enrolled in college; third priority is for tribal members currently attending high school; fourth priority is for general tribal membership; and fifth priority is for tribal members currently employed by the Tribes. College and high school students need to bring proof of school attendance and everyone will need to bring their tribal enrollment card.

Each individual will need to check in with the Receptionist. No one will be allowed to pick up any furniture and/or equipment for someone else or set aside for anyone else. You need to be present at the designated times, to select furniture.
NO EXCEPTIONS.

Questions call the Maintenance Program, at 783-2219 ext. 143 and ask for Todd.

Housing Fair

November 3, 2011
Klamath Falls, Oregon

The Housing Department will be hosting a Housing Fair for The Klamath Tribes! Come and win fun raffle prizes. The goal of the fair is to bridge the gap for The Tribes' members and the agencies that offer great opportunities to assist you with home repair programs, home financing options, grants and more. Come down to the Klamath County Fairground to Exhibit Hall #2 (Blue Building) anytime between 11am and 8pm on Thursday, November 3rd. The U.S. Department of Agriculture, U.S. Department of Housing and Urban Development, Klamath and Lake Community Action Services, Oregon Housing and Community Services, Sterling Services Bank, Indian Health Services, and Pacific Crest Credit Union are among the agencies that will be in attendance to give you one on one service, presentations and other information regarding their programs. The Klamath County Fairground is located on S. 6th Street and is on the Klamath Tribes' bus route.

New Chiloquin Elementary Principal School Information

I would like to take this opportunity to introduce myself, my name is Heidi Blakley, and I am excited about my appointment as principal at Chiloquin Elementary. I feel fortunate to join a school culture focused on learning, a commitment to high expectations, innovations, and collaboration.

Beginning a new year is a good time to review the school attendance policy. Student success requires a collaborative effort between the school and home. I cannot stress too greatly the importance of your child being in school everyday, on time; if he/she is to achieve the greatest success in his/her work. Please schedule appointments late in the day or on scheduled days off if possible. Regular attendance is expected of all students and is needed to be successful. However, when children are sick, they should stay home from school. If your child will be absent or tardy, please call the school.

Please make every attempt to have your child at school on time. The tardy bell rings at 8:20 AM. This means your child should be in their classroom and ready to learn. Our day is scheduled and when a child is late, something is missed. I look forward to meeting each of you and invite you to stop by and introduce yourself.

Klamath Tribal Health & Family Services
Proudly recognizes 3 employees for
Years of service
From L-R Guy Powless. 15 yrs
Amanda Mellentine. 10 yrs & Charlene Hescock 15 yrs
Thank you for years of loyalty, dedication and service

Don't Miss the
Western States Indian Rodeo
Association Regional Finals
Saturday, Sept. 24th at 6pm
Sunday, Sept. 25th at 11am

at the John Hancock Event Center in Klamath Falls, Oregon

Admission $5 Adults
Kids (7-15) $3
Under 6yrs (Free)

More information call:
Cody Barney at (541) 892-0132

Cavities are a Dental Infection!

This is the number ONE infection of children. Cavities are cause by Plaque (germs) that starts to form on your teeth as soon as you brush them away. These germs mix with the foods you eat and drink, especially sugar and make acids. This acid eats away at the tooth until a hole is made. Once a hole is made this hole or cavity is filled with germs. This infection can be spread from mother to child, through saliva on toys from one child to the next, the sharing of drinks.

So what should you do?

- Once you have a cavity that makes a hole in the tooth the dentist needs to fix it- if not it will grow until it gets to the nerve in your tooth which will cause more infection (abscess) and pain.
- Don't drink a lot of sugared drinks. The worst soda is Mt Dew, followed by Power Aid, Arizona Ice tea then Coca-Cola. Diet drinks do not have sugar-but it is still best to drink water.
- Juice should not be sipped on thought-out the day. Juice has sugar as so most drinks that is not diet. Germs eat the sugar and make an acid every time you put it in your mouth. It takes your saliva 20 minutes to return to "normal" after the sugar attack on your teeth. If you sip on sugared drinks- your saliva never gets back to normal and your teeth are taking a bath in acid.
- Candy is not the only sugar source. Make sure to brush after cereal, chips, crackers and things that stick on your teeth. Fruit roll-ups do not count as fruit.
- Brush your teeth, the tops, tongue and check sides all the way to your gums. Do this at least 2 times a day with a fluoride toothpaste and soft toothbrush. Help your children brush until they are a t least 6 years old.
- Floss your teeth and your child's teeth 1 time a day. People who remove this plaque by flossing live 6 years longer. This proves the plaque in your mouth hurts more than just your teeth when it is not removed daily.
- Come to the dentist- especially before anything hurts.
- Bring your child in for a check –up as soon as you see teeth present- usually at 6 months old

The dental clinic is still having the contest for the children. Bring your child in for a well check and return for your child's treatment. We recommend a fluoride treatment every 3 months. You can place an entry for a Pendleton blanket every time your child treated at their appointment- this is ages 0-5 year olds. We will be having regular give-away until the end of this year.

Anita Masaitis, DMD
Dental Director Klamath Family Tribal Health and Wellness Center

Congratulations to Blanket winners: Left: Tatiana Graham (with mom) age 4; and Right: Leah Brown age 3.

Thank you parents for supporting your childrens good dental health.

From a Chiloquin Panther to a Husky!

Meet Shay Dupris, who recently graduated Chiloquin High School. He will be joining his brother, Joe, at the University of Washington, where he will be the 8th family Husky in two generations of their famliy!

Your Family is very Proud of You!

Veterans Services

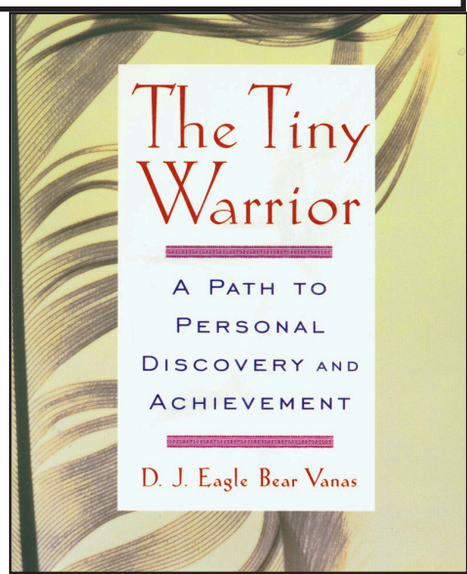
Hello everyone, my name is Ricky Martin and I coordinate the Native American Veteran Programs at the White City VA SORCC.

We initiated Native American Veteran Services in 2003 with our initial Sweat Lodge, which Richard Ochoa (one of our elders) leads for us, and quickly we realized the value our Veterans gained from this Native American care. Over the years we have increasingly added to our program whereby now we host 3 Sweat Lodges a month (2 men and 1 women), a weekly Talking Circle, Drum Circles and a variety of Ceremonies. We have our own area on VA grounds which houses a Yurt structure (open 7 days a week) whereby Elders and Veterans can meet and engage in traditional perspectives regarding Veterans care.

I desire to let people know we are here, and to let natives know of the services provided at VA health care. Please call with any questions.

Sincerely,
Ricky J Martin KT
Administrative Officer, Rehabilitation Services
Coordinator for Native American Veteran Programs
Southern Oregon Rehabilitation Center and Clinics
541-826-2111 x 3658
Fax 541-830-3505
Ricky.Martin@va.gov

D.J. Eagle Bear Vanas book available at Klamath Tribal Administration- Public Information/News Department. *Must come to tribal admin. to purchase "The Tiny Warrior" book, for only $10 bucks!

Book based on D.J. life experiences and native discovery that was part of his presentation at the 25th Silver Anniversary Celebration.

For more information call Taylor David at 541-783-2219 ext. 147 or email what time you would like to come by to get your copy. First come first serve: taylor.david@klamathtribes.com